



Kings County Breastfeeding Coalition

Lunch & Learn

August 20, 2019

Milk Production Simplified

Presented by:

Christine Staricka, BS, IBCLC, RLC, CCE

About the Presenter:

Christine Staricka is a Registered, International Board Certified Lactation Consultant & Certified Childbirth Educator. Christine worked as a hospital-based IBCLC for 10 years and has over 18 years experience providing breastfeeding support and clinical lactation care. She is the Facilitator / Director of Baby Café Bakersfield and provides clinical care in that setting. Christine is currently serving as the President of the United States Lactation Consultant Association (USLCA).



Lunch & Networking 11:30 a.m.

Presentation 12:00 - 1:00 p.m.

Lunch provided kindness of
Adventist Health Central Valley

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Learning Objectives:

1. The learner will be able to identify three key pieces of information needed to assess milk production in a lactating person.
2. The learner will be able to describe three practices which support normal/optimal milk production.
3. The learner will be able to explain two interventions which can positively impact milk production, including appropriate referrals to other resources.

- Free Continuing Education Units provided by Kings County Health Department.
- Provider approved by the California Board of Registered Nursing
- Provider CEP #07603 for 1 contact hour



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Kings County Health Department

Registration Deadline: Wednesday August 15, 2019

Registration Problems? Email: Teresa.Lopez@co.kings.ca.us